

Where the child always comes first!

Prospectus



Royal Legion Building  
Durban Road  
Newbury Park, IG2 7AQ

### Our Vision

To be recognised as a centre of Excellence in Children's Care and Early Learning.

### Our Mission Statement

To provide an exceptional environment with access to high quality learning resources through Montessori with the support of caring, highly qualified committed team and robust partnership with parents.  
Offer parents benefit of combining the Early Years Foundation Stage Framework with the Montessori approach to children's learning.

### Open Times

5 days a week  
Monday to Friday  
7.30am to 6.30pm  
51 weeks a year

### Our Values

- We will put our children first
- We work as one team
- We will strive for excellence in all we do
- We will respect everyone
- We will be honest and trust worthy

 [daynurseries.co.uk](http://daynurseries.co.uk)

  
**Ofsted**  
raising standards  
improving lives

 **NDNA**  
MEMBER OF NATIONAL DAY NURSERIES ASSOCIATION

  
ASSOCIATION  
MONTESSORI  
INTERNATIONALE  
**AMI**

London Borough of  
**Redbridge** 

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# Where the child always comes first!



## What is Montessori

The first Montessori school was set up by Maria Montessori in 1907. She was Italy's first female doctor. Montessori has now become the world's largest education movement. Fundamental to the approach is the belief that a child's early years – from birth to six – are the period when they have the greatest capacity to learn.

### How does it differ from traditional education?

What makes the approach different, and what makes it work so well, is that it is based on a deep understanding of the way children learn – through choosing, trying and doing themselves. It allows children to discover things individually using all five senses and through understanding, rather than being told. From understanding comes confidence and a joy in learning. We believe that children shouldn't be pressurised at a young age and learning at their own pace is much more effective for their future education. Montessori classrooms are often noted for special pieces of equipment, many of which were created by Maria Montessori. The learning materials are all carefully designed to help children understand where they may have gone wrong and to enable them to work out ways of correcting themselves without being "told" how to do so. There is a strong physical dimension to many Montessori activities, encouraging dexterity, balance and appreciation of shapes, colours and sizes. Children are given freedom to select activities appropriate for their learning from open shelves. A study showed that Montessori children have a high level of cognitive attainment at age 5 – above the national average. They also demonstrate excellent levels of positive social and behavioural development, and have a strong sense of self-esteem.

**"By the age of THREE  
the child HAS ALREADY laid down  
the FOUNDATIONS  
of his personality as a  
HUMAN BEING..."**

Maria Montessori



## 5 Areas of the Montessori Curriculum

**Practical life:** This area prepares the child indirectly for all other areas of the curriculum with order, concentration, coordination and independence. Exercises include pouring, sorting, food preparation, care of self, and care of the environment.

**Sensorial:** Through exploration of the various materials of changeable dimension, colour, shape, texture, smell, and taste, all the faculties of intelligence are developed. The sensorial area also includes geometry as the subject is introduced to the child through their senses.

**The Language Area:** The early years are a sensitive period for language achievement. The language curriculum includes oral language activities, pre-reading work, writing and reading comprehension. The development of listening skills, comprehension and vocabulary.

**Mathematics:** This area is a powerful learning tool for developing a strong foundation it focuses on the fundamental skills to calculate. The program creates a concrete basis of math skills that are invaluable for future learning. Activities cover recognition of math patterns, addition, subtraction, multiplication, division, short and long, fraction work and skip counting.

**Cultural Learning:** The children gain a broad exposure to many different areas of science. For example, they develop an initial understanding of the difference between living and non-living things. The children learn fun facts about spiders, insects and other animals. They also learn about the earth (continents, countries, and oceans), and the solar system.

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## Healthy Eating & Nutrition at FDNM

At First Day Nursery (FDNM) we care deeply about your child's Health and Wellbeing and we know children learn best when they are well nourished. This is why all children are encouraged to eat a variety of healthy nutritious meals, try different foods and learn the right eating etiquettes. We have a dedicated and qualified chef who prepares delicious and nutritious meals on site, paying special attention to hygiene and cleanliness.

We cater for all special dietary requirements, including allergies and religious preferences. We work on a 4 week rotating menu basis developed in accordance with the Caroline Walker trust 'Eating Well for Under 5's in Childcare' guidelines. Menus are displayed on the notice board and will be communicated to you during your child's daily feedback.



## Your child's meals include:

- Breakfast
- Mid-Morning snack
- Nutritious lunch with dessert
- Afternoon snack
- Hot evening meal (Tea)

Fresh fruit and water are available throughout the day.

All our food is freshly delivered and prepared on site to meet your child's needs and requirements. When babies start weaning your Key Person will discuss with you what your child will require. Their meals will be pureed or mashed accordingly, we will only introduce a new taste to your baby when you confirm you are happy for them to try it.

## Our Team

We have a team of qualified and experienced individuals with a wealth of experience between them. All staff are trained in Safeguarding, Paediatric First Aid, Montessori Practice, Food Hygiene, Equality and Diversity as well as Special Educational Needs. FDNM invests highly in its staff and thus provide ongoing training and development opportunities.

## Free Funding

FDNM is an approved provider of Free Childcare and Education Funding for 2-4 year olds.

All 3-4 year olds are eligible for 15 hours of free funded childcare places, this is taken over 38 weeks of the year during term time.

2 year olds may also receive 15 hours free funded childcare places if they meet the eligibility criteria laid out by the government.



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## Our Rooms

Stunning state of the art spacious rooms with quality resources. Each room enables children with independent height appropriate access to all 7 learning areas from the Early Years Foundation Stage Framework and the 5 major curriculum areas of the Montessori Approach .FDNM does not segregate children based on their ages as this contradicts the teachings of the Montessori Theory rather we place children based on their individual abilities and stage of development. All rooms are monitored via CCTV throughout the day. The setting offers a fully equipped and dedicated Sensory Room perfect for 1 to 1 and small group activities. Outdoor Play Area is accessible to all children during the day with a range of resources, a gardening and growing area as well as fun and stimulating physical play equipment.

### Stage 1 Panda's



Approximate age range 3-24 months  
Ratio: 1 adult to 3 children minimum

The Panda Room is a large baby proof space where the little ones can move around and explore freely. Safe stimulating activities with mirrors, soft play, quiet areas, indoor physical play, sand, water, arts & crafts and much more. The room is decorated with special consideration given to aiding young children's Visual Stimulation using mostly blacks, whites and reds. The children have a dedicated sleep room that is monitored consistently while a child rests. Each child has their own bedding to ensure their safety.

### Stage 2 Penguins



Approximate age range 22-36 months  
Ratio: 1 adult to 4 children minimum

The Penguin Room is designed for little feet exploring and making sense of their world. Open shelves, comfy and cosy book corners, little tables and chairs perfect for group activities. This area is intended specifically for learning through play with access to a range of malleable materials, soft play, puzzles, small world play and much more. Children have access to arrange of ICT equipment also. Rest Pods are available for the child to crawl into when tired. A dedicated sleep area is available with rest mats and bedding for each individual child.

### Stage 3 Peacock's



Approximate age range 34-60 months  
Ratio: 1 adult to 8 children minimum

The Peacock Room is perfect for the young children now flourishing into active and intuitive little learners. With independent access to a range of resources opening them up to the world of science, maths, language, arts and crafts, reading and much more. Boasting a creative role play area and an impressive ICT corner. The Peacocks have free flow access to the outdoor play area throughout the day. Practitioners encourage independent learning as well as developing social skills through group activities, sharing & an introduction to rules, responsibilities and open communication.

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## Early Years Foundation Stage Framework (EYFS)

This is a very important stage as it helps your child get ready for school as well as preparing them for their future learning and successes. From when your child is born up until the age of 5, their early years' experience should be happy, active, exciting, fun and secure; and support their development, care and learning needs. Nurseries, pre-schools, reception classes and childminders registered to deliver the EYFS must follow a legal document called the **Early Years Foundation Stage Framework**.

## How Your Child Learns

EYFS 7 Areas of Learning and Development are split into 2 sections, **Prime Areas** and **Specific Areas**.

Children should mostly develop the **3 Prime Areas** first, these are:

**Communication & Language**

**Physical Development**

**Personal, Social & Emotional Development**

These prime areas are those most essential for your child's healthy development and future learning.

As children grow, the prime areas will help them to develop skills in **4 specific areas**, these are:

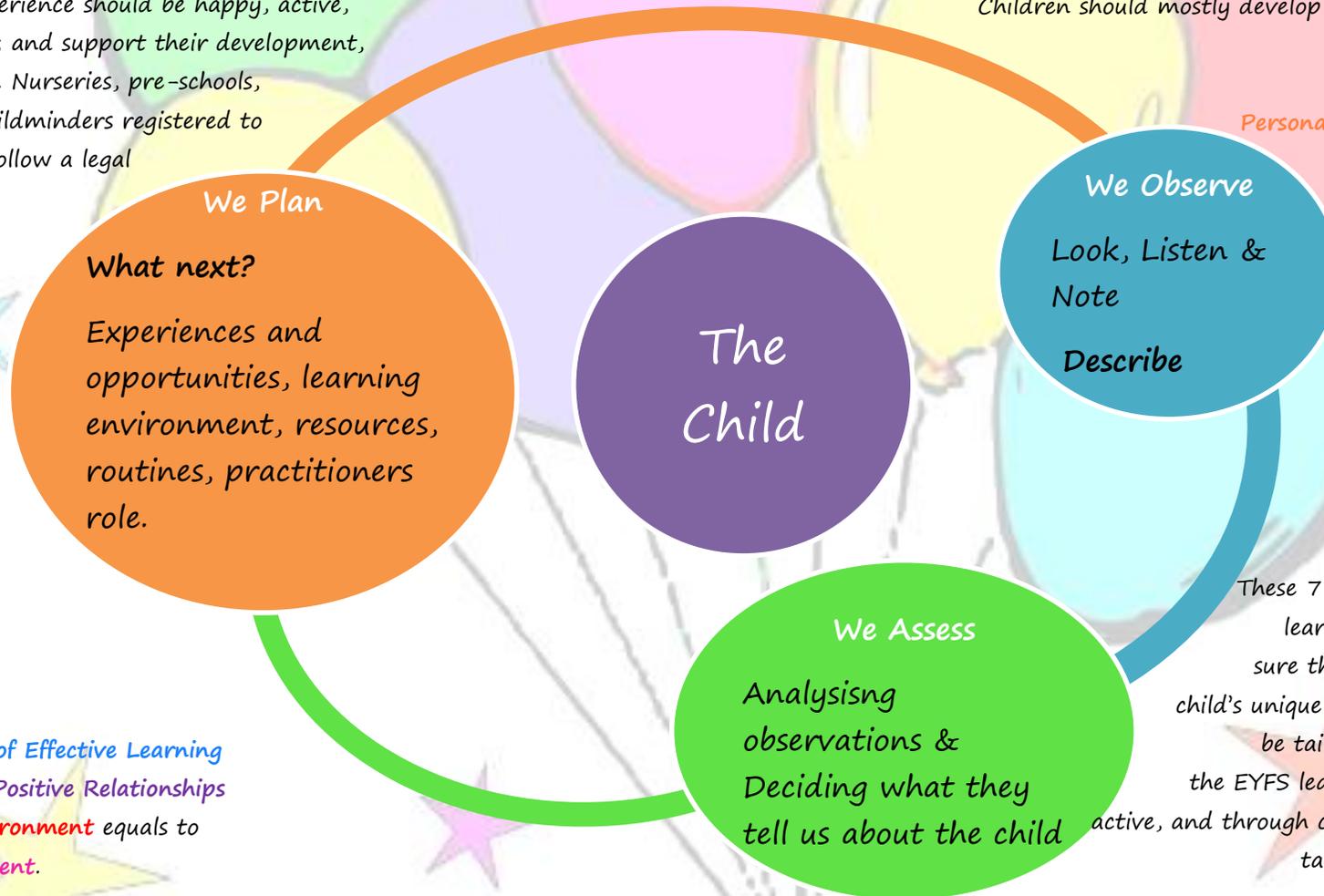
**Literacy**

**Mathematics**

**Understanding the World**

**Expressive Arts & Design**

These 7 areas are used to plan your child's learning and activities. Staff will make sure that the activities are suited to your child's unique needs, and are flexible so they can be tailored to their interests. Children in the EYFS learn by playing and exploring, being active, and through creative and critical thinking which takes place both indoors and outside.



EYFS Characteristics of Effective Learning  
**A Unique Child** with **Positive Relationships** plus an **Enabling Environment** equals to **Learning & Development**.

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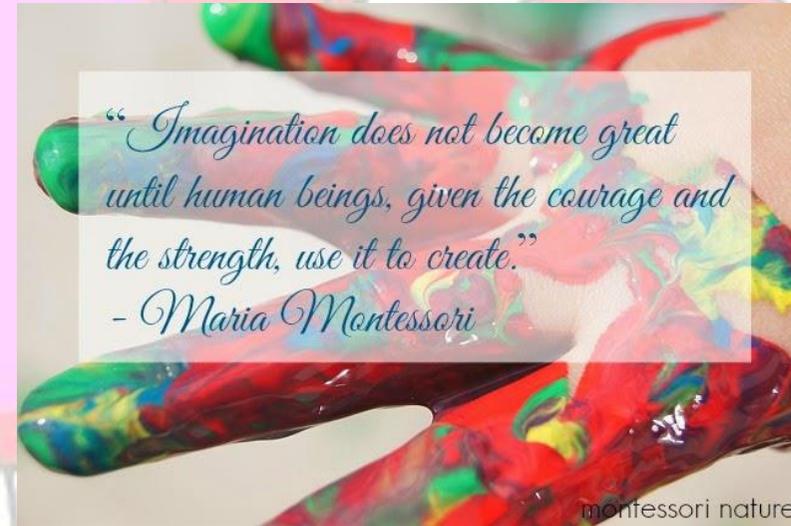
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## Transition into Nursery

At FDNM we understand settling into a new setting can be hard for both the parents and the child. To make this easier for all we offer a free of charge settling in period. These are short sessions between 1 and 5 hours that will help your child and yourself to become familiar with the nursery environment, our staff and our practices. The settling period usually takes place over 3-5 days just before your child is due to start nursery. The settling period is developed and can be amended as necessary depending on your and your child's needs.



## Key Person Approach

When your child starts nursery they will be assigned with a Key Person, who will be their very own special individual supporting you and your child with your settling in. The Key Person can be changed after your child has started nursery as we take into account who your child bonds with most. Your child's key person will engage in daily feedback with you, conduct your child's observations and assessments, meet with you to keep you up to date with their learning and development and devise their next steps as well as building and maintaining a strong partnership with you throughout your child's time with us.

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## Security

The Safety & Wellbeing of all our children is our foremost priority therefore we take every possible measure to ensure their welfare while at FDNM.

Parents can leave the nursery knowing their child is in safe hands, not only do we have the highest standards of care we also have in place protective measures that ensure your child's safety at all times.

These include:

- CCTV system, which is recording 24 hours a day, seven days a week, to ensure your child's safety from the outside. The rooms are monitored all day by management staff.
- Video entry system - Our entrance gate is secured with a video intercom and buzzer system. This enables staff to see and hear who is at the entrance, thereby ensuring that only authorised persons gain entry to the premises.
- Burglar/fire alarm - We have installed a sophisticated burglar and smoke alarm system that is serviced twice a year and is monitored 24 hours a day.
- Fully enclosed grounds - Our grounds are surrounded by decorative security wrought iron railings and six foot fences.
- A high adult to child ratio in all areas



## Next Steps...

We invite you to come in and have a look around the nursery, where we are happy to answer any questions you may have. Please feel free to contact us via the details below to arrange a visit. *We look forward to seeing you!*